

Hingham Youth Soccer Fall, 2017 Referee Guide

PRE Game

Read the LOTG – Know these, and also make sure you know Rules set forth by the local competition committee that amend the LOTG – i.e. size of field, number of players, how to handle Ties...etc....

Practice your Signals in a mirror.

Have a good night's sleep.

Arrive at the field **30 minutes** before kickoff

- Look and Act professionally
- Dress Appropriately
 - Shirt with badge (tucked in), shorts, shoes, socks (pulled up), Watch (please not a handheld stopwatch or your phone), Whistles, Cards, Notebook and pencil/pen, Large Coins(silver dollar)
- Bring a water proof bag for: Water, Snack/Lunch; sunscreen, bug replant, **Flags**

Pregame with your crew.

- Talk about signals, how to handle substitutions, eye contact, what you expect from each other, TLC (after a goal)
- Maybe ask about something that happened to you, that you were unsure about in the last match you had... (What if....)
- This should be a conversation, not the CR or most experienced Referee dictating what to do.

Check the Field

- Goals properly anchored, Are the nets full of holes of the correct size? (Home Coaches responsibilities to fix before the game)
- Is there Glass, metal bits, potholes, tree branches...etc, anything that can be considered dangerous to the players.
- Overhanging Trees or other things impediments over the field (how do you deal with these?)
- American Football Goalposts extending above the Goal

Introduce yourself to Coaches

- Be polite and just an intro, don't gab with a coach even if you know them
- If they are the home coach, ask for a game ball(s), and inspect it.
- Ask for Rosters/Passes and maybe begin to check the players in

Checking players in

- 5 S's (shoes, shin guards, socks, shorts and shirt)
- Numbers on Shirt are all different, match the roster
- Give each coach the other team's roster
- This is not a time to talk with the players you know. (I tell people, when I'm a Referee, I don't know you)

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- The Roster is signed by the Coach, The Registrar of the Town and the Registrar of the League
- No Jewlery. This includes tapped earrings, Fitbits, wedding rings. Are Casts legal? (It depends of Rules for the League)

During the Game

Enforce the Laws of the Game – and those modified by Local competition committees.

Law 0 – Player Safety

- stop games for serious injuries!!! Have medical personnel assess injured players – you don't touch them, and make sure other players from both teams don't touch them.
- Send players off the field to fix equipment that isn't safe (how/when do they return?)
- No heading, or attempting to head for U11.

Show Confidence in your decisions

- Loud whistles
- Use Crisp and clear hand signals. Straight arm, 45 degrees, 90 degrees. Don't hide your face when signaling for a substitution

No heading for U12 and under in the Coastal league

- Restart is an IDK, and if in Goal area, moved to top of Penalty area.

After the Game

Return the game ball to correct team

Monitor the teams shaking hands and leaving the field

Return player passes to each team

Verify all game data (score, misconduct...) with other game officials.

Complete Game report in a timely manner

- If an incident report is needed (yellow card / red card, other) write that up and Call Assignor

Try to self-assess. Reach out to your other officials and ask them what they thought. Were there any calls you were unsure about?

Read the LOTG